

# Ricotta cake with blueberry

## ANALYSIS SUMMARY

	Quantity per Servin	Quantity per 100g
Protein (g)	12.80g	5.82g
Total fat (g)	36.55g	16.61g

## NUTRITION INFORMATION PANEL

<b>NUTRITION INFORMATION</b>		
Servings per package: 12		
Serving size: 220g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	2890kJ (691Cal)	1310kJ (314Cal)
Protein	12.8g	5.8g
Fat, Total	36.6g	16.6g
- Saturated	23.5g	10.7g
Carbohydrate	71.9g	32.7g
- Sugars	51.8g	23.5g
Sodium	351mg	159mg

## INGREDIENT LIST

Ingredients: Cheese (Whey, Milk, Salt, Food Acid (260)19& Fat), Icing Sugar, Egg White, Biscuits (Wheat Flour, Wholemeal Wheat Flour, Sugar, Vegetable Shortening (Antioxidant 306 (Soy), 320), Invert Syrup, Golden Syrup, Salt, Raising Agents (341, 500, 503), Emulsifier (Soy Lecithin)), Blueberry Filling (Blueberries, Sugar, Water, Thickener (1442), Acidity Regulator (330), Preservative (202)), Cream (35% Milk Fat, Cream, Halal Gelatine, Carrageenan (407)), Butter (Cream, Water), Thickener (Starch 1442), Vegetable Butter (Vegetable Fats, Hydrogenated Vegetable Oils, Vegetable Oils, Hydrogenated Vegetable Fats, Water, Salt (0.2%), Emulsifier:Lecithins (E322), Mono And Diglycerides Of Fatty Acids (E471), Citric Acid (E330), Vitamines A And D, Beta-Carotene (E160a), Flavours, Preservative (E202)), Lemon (Water, Dried Glucose Syrup, Natural Flavour, Modified Starch E1422, Acidity Regulators Sodium Citrate (E331), Citric Acid (E330), Emulsifier E472c, Thickener Xanthan (E415)).

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## ALLERGENS

	Presence
Royal jelly	No
Bee pollen	No
Propolis	No
Wheat	Yes
Wheat products	Yes
Rye	No
Rye products	No
Barley	No
Barley products	No
Oats	No
Oat products	No
Spelt	No
Spelt products	No
Crustacea	No
Crustacea products	No
Egg	Yes
Egg products	Yes
Fish	No
Fish products	No
Milk	Yes
Milk products	Yes
Peanuts	No
Peanut products	No
Soybean	Yes
Soybean products	Yes
Tree nuts	No
Tree nut products	No
Sesame seeds	No
Sesame seed products	No
Lupin	No
Added sulphites>10mg/kg	No