
Ricotta cake plain

ANALYSIS SUMMARY

	Quantity per Servin	Quantity per 100g
Protein (g)	12.44g	6.83g
Total fat (g)	32.28g	17.74g

NUTRITION INFORMATION PANEL

NUTRITION INFORMATION		
Servings per package: 12		
Serving size: 182g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	2460kJ (587Cal)	1350kJ (322Cal)
Protein	12.4g	6.8g
Fat, Total	32.3g	17.7g
- Saturated	21.6g	11.9g
Carbohydrate	56.4g	31.0g
- Sugars	38.6g	21.2g
Sodium	337mg	185mg

INGREDIENT LIST

Ingredients: Cheese (Whey, Milk, Salt, Food Acid (260)19& Fat), Icing Sugar, Egg White, Biscuits (Wheat Flour, Wholemeal Wheat Flour, Sugar, Vegetable Shortening (Antioxidant 306 (Soy), 320), Invert Syrup, Golden Syrup, Salt, Raising Agents (341, 500, 503), Emulsifier (Soy Lecithin)), Cream (35% Milk Fat, Cream, Halal Gelatine, Carrageenan (407)), Butter (Cream, Water), Thickener (Starch 1442), Sugar (Dextrose, Maize Starch, Vegetable Fat, Vegetable Oil (Antioxidant 307)).

ALLERGENS

	Presence
Royal jelly	No
Bee pollen	No
Propolis	No
Wheat	Yes
Wheat products	Yes
Rye	No
Rye products	No
Barley	No
Barley products	No
Oats	No
Oat products	No
Spelt	No
Spelt products	No
Crustacea	No
Crustacea products	No
Egg	Yes
Egg products	Yes
Fish	No
Fish products	No
Milk	Yes
Milk products	Yes
Peanuts	No
Peanut products	No
Soybean	Yes
Soybean products	Yes
Tree nuts	No
Tree nut products	No
Sesame seeds	No
Sesame seed products	No
Lupin	No
Added sulphites>10mg/kg	No