

# Friand blueberry

## ANALYSIS SUMMARY

	Quantity per Servin	Quantity per 100g
Protein (g)	6.61g	8.26g
Total fat (g)	23.81g	29.76g

## NUTRITION INFORMATION PANEL

<b>NUTRITION INFORMATION</b>		
Servings per package: ?		
Serving size: 80g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	1650kJ (393Cal)	2060kJ (491Cal)
Protein	6.6g	8.3g
Fat, Total	23.8g	29.8g
- Saturated	6.3g	7.9g
Carbohydrate	36.4g	45.5g
- Sugars	26.8g	33.5g
Sodium	87mg	109mg

## INGREDIENT LIST

Ingredients: Icing Sugar, Egg White, Margarine (Vegetable Oils And Fats [80%] (Partly Hydrogenatedoils (Soybean), Fats (Palm, Coconut), Oils (Soybeanand Sunflower And Rapeseed And Maize In Varyingproportions), Partly Hydrogenated Fats (Palm)), Water, Emulsifiers (E471, E322 Soy Lecithin), Salt (0.2%), Preservative (E202), Acidity Regulator (E330), Flavourings, Colours (E160b, E100)), Almond, Flour (Wheat Flour, Thiamine), Blueberry Filling (Blueberries, Sugar, Water, Thickener (1442), Acidity Regulator (330), Preservative (202)), Blueberry (Blueberry Fruit), Aeromix (Phosphate Aerator, Rice Flour, Bi Carb Soda).

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## ALLERGENS

	Presence
Royal jelly	No
Bee pollen	No
Propolis	No
Wheat	Yes
Wheat products	Yes
Rye	No
Rye products	No
Barley	No
Barley products	No
Oats	No
Oat products	No
Spelt	No
Spelt products	No
Crustacea	No
Crustacea products	No
Egg	Yes
Egg products	Yes
Fish	No
Fish products	No
Milk	No
Milk products	No
Peanuts	No
Peanut products	No
Soybean	Yes
Soybean products	Yes
Tree nuts	Yes
Tree nut products	Yes
Sesame seeds	No
Sesame seed products	No
Lupin	No
Added sulphites>10mg/kg	No